

# Support for the Armed Forces in North Somerset



## Op Courage

NHS mental health specialist service designed to help veterans and their families in England, offering support with mental health, physical health, and social needs. Referral only.

For help and support, contact the Weston General Hospital Armed Forces Champions

We aim to respond within 24 hours, but this may vary over weekends and Bank Holidays  
[wgharmedforceschampion@uhbw.nhs.uk](mailto:wgharmedforceschampion@uhbw.nhs.uk)



## Weston-super-Mare branch Royal Air Forces Association

### Coffee morning.

Wednesday 10am to 1pm.

RAFA HQ, Alexandra Parade,  
Weston-super-Mare BS23 1QX  
01934 644 024 (office hours only)  
Branch: [iain.norris3@gmail.com](mailto:iain.norris3@gmail.com)  
Club: [mikelaundy45@gmail.com](mailto:mikelaundy45@gmail.com)



## Weston-super-Mare Branch Royal British Legion

### RBL Touchpoint for help and advice.

Thursday 10am to 2pm.

### Monthly coffee morning.

Last Wednesday of each month.

77 Meadow Street, Weston-super-Mare  
BS23 1QL

[westonsupermare.chairman@rbl.community](mailto:westonsupermare.chairman@rbl.community)  
07376 230 695



## Weston-super-Mare Armed Forces breakfast club

**First Saturday of each month**  
(veterans only).

**Third Saturday of each month**  
(veterans and partners).

Woolpack Inn, Shepherds Way, St Georges,  
Weston-super-Mare BS22 7XE

[maggie\\_salvage@hotmail.com](mailto:maggie_salvage@hotmail.com)  
074112 995 949



Return to the Tribe

## Weston-super-Mare SSAFA Somerset

Advice and support, from help with mobility, to help with housing.

Monday to Friday 9.30am to 5pm.

1 Eagle House, 21-22 Alexandra Parade,  
Weston-super-Mare BS23 1QX

[Southwest.region@ssafa.org.uk](mailto:Southwest.region@ssafa.org.uk)  
02045 669 131



North Somerset Council recognises the value that Serving Personnel, Reservists, Veterans and Military Families bring to our area. If you could like to know more about our commitment to the Armed Forces please contact: [ic.development@n-somerset.gov.uk](mailto:ic.development@n-somerset.gov.uk) or visit our website using the QR code.

