

# Post16

North Somerset Post-16 Directory

Provision & Support Services for 16 to 18-Year-Olds

Post-16 Team, Inclusion Service, Education  
Partnerships

North Somerset Council

September 2024 to August 2025



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## Staying in Education After Year 11

All young people are required to stay in education, employment, or training until their 18<sup>th</sup> birthday. This is so that every young person gains the right knowledge and skills to move on to a successful career.

### What are my options?

You can:

- Stay in full-time education at a school or a college
- Start an apprenticeship (or local Traineeship if available)
- Spend 20 hours or more a week working or volunteering while in part-time education or training

The pathway you choose will be based on what GCSE grades you achieve, how you like to learn and what you want to do in the future. If you do not achieve a Grade 4 in Maths and/or English GCSE then you will need to continue studying these subjects at a school, college, or training provider.

### Getting Support

If you are still at school, you should meet with your Careers Adviser who will provide you with impartial advice and guidance about all the post-16 options in your local area. You can also speak with your tutors and other staff in school who know you well. They will help to advise you about the options that fit best with your abilities and interests.

## Staying in Education & Training after Year 11

### Special Educational Needs and Disabilities

If you have special educational needs or receive additional support at school, you should speak with your Special Educational Needs and Disabilities Co-ordinator (SENDCO) who can advise you about your next step. The SEND Team at North Somerset Council can be contacted as below:

**E-mail:** [SEN.Team@n-somerset.gov.uk](mailto:SEN.Team@n-somerset.gov.uk)

**Phone:** 01275 884470

## Current GCSE Grading Structure 2024 – 2025

### What are the old equivalents of new GCSE grades?

Ahead of the 2017 GCSEs, the Government changed the GCSE grading system from:

**A\* to G, to a numerical system of 9 to 1** (9 being the top grade and 1 being the lowest).

As per the guide below, issued by the exams regulator Ofqual, the numerical system essentially works like this:

- **9 = High A\* grade**
- **8 = Lower A\* or high A**
- **7 = Lower A grade**
- **6 = High B grade**
- **5 = Lower B or high C – also known as a Strong Pass**
- **4 = Lower C grade – also known as a Standard Pass**
- **3 = D or high E**
- **2 = Lower E or high F**
- **1 = Lower F or G**
- **U = U remains the same**

## How the new grades compare with old ones

Old grades	New grades
A*	9
A	8
B	7
C	6
	5 Strong Pass
	4 Standard Pass
D	3
E	2
F	1
G	1
U	U

## Qualification levels

There are 9 qualification levels for England, Wales and Northern Ireland. This section of the Post-16 Directory highlights the qualifications available from Level 1 to Level 4.

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### Entry Level

If you don't have any qualifications this is the place to start. Each entry level qualification is available at three sub-levels - 1, 2 and 3. Entry level 3 is the most difficult.

#### **Entry Level qualifications are:**

- Entry Level Award
- Entry Level Certificate (ELC)
- Entry Level Diploma
- Entry Level English for Speakers of Other Languages (ESOL)
- Entry Level Essential Skills
- Entry Level Functional Skills
- Skills for Life

### Level 1

This is a good place to start if you would like to improve your basic knowledge of a subject.

#### **Level 1 qualifications are:**

- First Certificate
  - GCSE - Grades 1 to 3
  - Level 1 Award, Certificate or Diploma
  - Level 1 ESOL
  - Level 1 Essential Skills and Functional Skills
  - Level 1 National Vocational Qualification (NVQ)
-

- Music Grades 1 to 3

## Level 2

It is possible to start at this level in a subject new to you, depending on your GCSE grades.

### Level 2 qualifications are:

- GCSE - Grades 4 to 9
- Intermediate Apprenticeship
- Level 2 Award, Certificate or Diploma
- Level 2 ESOL
- Level 2 Essential Skills or Functional Skills
- Level 2 National Certificate or Diploma
- Level 2 National Vocational Qualification (NVQ)
- Music Grades 4 and 5

## Level 3

With this level of qualification, you could progress to university/degree-level qualifications or get a good job. You will need a minimum of five GCSEs at grade 4 or above or a Level 2 vocational qualification, but some A Levels require more.

T Levels are new courses which follow GCSEs and are equivalent to 3 A levels. These 2-year courses, which launched in September 2020, have been developed in collaboration with employers and businesses so that the content meets the needs of industry and prepares students for work, further training, or study. T Levels offer students a mixture of classroom learning and 'on-the-job' experience during an industry placement of at least 315 hours (approximately 45 days).

### Level 3 qualifications are:

- A Level
- Access to Higher Education Diploma



- Advanced Apprenticeship
- AS Level
- International Baccalaureate Diploma
- Level 3 Award, Certificate or Diploma
- Level 3 ESOL
- Level 3 National Certificate or Diploma
- Level 3 NVQ
- Music Grades 6 to 8
- T Level

#### Level 4

These courses provide you with an in-depth study which will help you become a specialist in your chosen area.

#### Level 4 qualifications are:

- Certificate of Higher Education (CertHE)
- Higher Apprenticeship
- Higher National Certificate (HNC)
- Level 4 Award
- Level 4 Certificate
- Level 4 Diploma
- Level 4 NVQ

## School Sixth Forms in North Somerset

### Backwell School

**Website:** [www.backwellschool.net](http://www.backwellschool.net)

**E-mail:** [mailbox@backwellschool.net](mailto:mailbox@backwellschool.net)

**Phone:** 01275 463371

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### Churchill Academy & Sixth Form

**Website:** [www.churchill-academy.org](http://www.churchill-academy.org)

**E-mail:** [churchill@churchill-academy.org](mailto:churchill@churchill-academy.org)

**Phone:** 01934 852771

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### Clevedon School

**Website:** [www.clevedonschool.org.uk](http://www.clevedonschool.org.uk)

**E-mail:** [office@clevedonschool.org.uk](mailto:office@clevedonschool.org.uk)

**Phone:** 01275 876744

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### Gordano School

**Website:** [www.gordanoschool.org.uk](http://www.gordanoschool.org.uk)

**E-mail:** [mailbox@gordanoschool.org.uk](mailto:mailbox@gordanoschool.org.uk)

**Phone:** 01275 842606

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### Nailsea School

**Website:** [www.nailseaschool.com](http://www.nailseaschool.com)

**E-mail:** [info@nailseaschool.com](mailto:info@nailseaschool.com)

**Phone:** 01275 852251

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### **St Katherine's School**

**Website:** [www.st-katherines.n-somerset.sch.uk](http://www.st-katherines.n-somerset.sch.uk)

**E-mail:** [school@skdrive.org](mailto:school@skdrive.org)

**Phone:** 01275 373737

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### **Winterstoke Hundred Academy**

**Website:** [www.winterstokehundredacademy.clf.uk](http://www.winterstokehundredacademy.clf.uk)

**E-mail:** [wha-info@clf.uk](mailto:wha-info@clf.uk)

**Phone:** 01934 313290

## General Further Education College

### Weston College

**Website:** [www.weston.ac.uk](http://www.weston.ac.uk)

**E-mail:** [enquiries@weston.ac.uk](mailto:enquiries@weston.ac.uk)

**Phone:** 01934 411411

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### Weston College Admissions Team

**E-mail:** [enquiries@weston.ac.uk](mailto:enquiries@weston.ac.uk)

**Admissions:** 01934 411481

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### Weston College School Liaison Team (Contact for advice about new learners)

**E-mail:** [schoolteam@weston.ac.uk](mailto:schoolteam@weston.ac.uk)

**Phone:** 01934 411411 or 01934 411481

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### Weston College Apprenticeship Recruitment Team

**E-mail:** [apprenticeships@weston.ac.uk](mailto:apprenticeships@weston.ac.uk)

**Phone:** 01934 411594

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## Other Colleges and Specialist Provision in the Local Area

**Access Creative College: Esports, Games, Media, Music & Computing, Central Bristol**

**Website:** [www.accesscreative.ac.uk](http://www.accesscreative.ac.uk)

**E-mail:** [admissions@accesscreative.ac.uk](mailto:admissions@accesscreative.ac.uk)

**Phone:** 0117 471 2398

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**Bridgwater & Taunton College: Including Cannington Centre**

**Website:** <https://btc.ac.uk>

**E-mail:** [info@btc.ac.uk](mailto:info@btc.ac.uk)

**Phone:** 01278 455464

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**Boomsatsuma: Creative, Video Production & Film Making, Bristol**

**Website:** [www.boomsatsuma.com](http://www.boomsatsuma.com)

**E-mail:** [education@boomsatsuma.com](mailto:education@boomsatsuma.com)

**Phone:** 01179 428429

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**Bristol City Robins Foundation: Football Coaching, Sports & Gaming, Ashton Gate Stadium, City Academy, Belong Gaming Arena**

**Website:** [www.bcfc.co.uk/robins-foundation/education/](http://www.bcfc.co.uk/robins-foundation/education/)

**E-mail:** [chris.stenner@bcfc.co.uk](mailto:chris.stenner@bcfc.co.uk)

**Phone:** 01179 630636

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**Bristol School of Acting: Professional Drama School for Actors and Dancers**

**Website:** [www.bristolschoolofacting.com](http://www.bristolschoolofacting.com)

**E-mail:** [hello@bristolschoolofacting.com](mailto:hello@bristolschoolofacting.com)

**Phone:** 0117 472 1643

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**City of Bristol College: Ashley Down, College Green, Parkway, Hengrove Park, SBSA**

**Website:** [www.cityofbristol.ac.uk](http://www.cityofbristol.ac.uk)

**E-mail:** [enquiries@cityofbristol.ac.uk](mailto:enquiries@cityofbristol.ac.uk)

**Phone:** 0117 312 5000

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**Military Preparation College Training: The Artillery Grounds, Whiteladies Road, Clifton**

**Website:** [www.mpct.co.uk](http://www.mpct.co.uk)

**E-mail:** [enquiries@mpct.co.uk](mailto:enquiries@mpct.co.uk)

**Phone:** 0330 111 3939

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**South Gloucestershire and Stroud College: SGS previously known as Filton College**

**Website:** [www.sgscol.ac.uk](http://www.sgscol.ac.uk)

**E-mail:** [info@sgscol.ac.uk](mailto:info@sgscol.ac.uk)

**Phone:** 08000 567 253

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**The Big Act: Professional Dance & Musical Theatre, Central Bristol**

**Website:** [www.thebigact.com](http://www.thebigact.com)

**E-mail:** [info@thebigact.com](mailto:info@thebigact.com)

**Phone:** 0117 239 1274

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## Employment Information

### Clevedon Jobcentre Plus

**Address:** Castlewood, Tickenham Road, Clevedon, North Somerset, BS21 6FW

**Website:** [www.dwp.gov.uk](http://www.dwp.gov.uk)

**Phone:** 0800 169 0190

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### Weston Jobcentre Plus

**Address:** Regent House, High Street, Weston-super-Mare, North Somerset, BS23 1JH

**Website:** [www.dwp.gov.uk](http://www.dwp.gov.uk)

**Phone:** 0800 169 0190

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### Youth Moving Up: **AKA Opportunity North Somerset**

**Website:** [www.moving-up.org](http://www.moving-up.org)

**Phone:** 01934 411778

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### Job Websites

**CV-Library:** [www.cv-library.co.uk](http://www.cv-library.co.uk)

**Indeed:** [www.indeed.com](http://www.indeed.com)

**Jobsite:** [www.jobsite.co.uk](http://www.jobsite.co.uk)

**Jobs.ac.uk:** [www.jobs.ac.uk](http://www.jobs.ac.uk)

**Monster:** [www.monster.co.uk](http://www.monster.co.uk)

**NSC:** [www.n-somerset.gov.uk](http://www.n-somerset.gov.uk)

**Reed:** [www.reed.co.uk](http://www.reed.co.uk)

**Total Jobs:** [www.totaljobs.com](http://www.totaljobs.com)

**Universal:** [www.gov.uk/jobsearch](http://www.gov.uk/jobsearch)

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## Apprenticeships

Apprenticeships can help you enter the world of employment and start building a career from the age of 16. An apprenticeship is a real job where you learn, gain experience, and get paid. You're an employee with a contract of employment and holiday leave.

By the end of an apprenticeship, you'll have the right skills and knowledge needed for your chosen career. It can take between one and six years to complete an apprenticeship depending on which one you choose, what level it is and your previous experience. Apprenticeships are funded from contributions made by the government and your employer.

Apprenticeships are offered at various levels, for example an Intermediate Apprenticeship is a Level 2 qualification (equivalent to GCSEs) and an Advanced Apprenticeship is a Level 3 qualification (equivalent to A Levels).

Depending on the level, some apprenticeships may require previous qualifications such as an English or Maths GCSE. You may need extra tuition in English or Maths as part of your apprenticeship programme.

You can find out more about apprenticeships at: [www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

If you think you need more skills and work experience before starting an apprenticeship, you could find out about Traineeships instead. **Traineeships are no longer delivered through a national programme but can be offered by local providers. Please see information about the traineeship local offer at Weston College overleaf.**





## Traineeships with Weston College

A Traineeship is a course designed for people who want to find a job or apprenticeship but don't have the right skills or experience. Traineeships are no longer delivered through a national programme but can be offered by local providers. Weston College is the key provider of Traineeships for North Somerset. The Traineeship offer is for young people aged 16 to 19 and 16 to 24 if they have an EHCP (Education Health Care Plan).

### What do Traineeships Include?

- Work preparation training which ensures you are ready and have confidence to take the first step in your career.
- Meaningful work experience which provides insight and experience of the world of work and makes you more attractive to potential employers.
- English and Maths support to help give you the literacy and numeracy skills needed for the workplace.

### What are the Benefits of a Traineeship?

- A Traineeship will put you in a better position to compete for an Apprenticeship or a job.
- Traineeships give you the opportunity to build your CV and get vital experience with local and national employers.
- Improving your English and Maths skills will boost your chances of getting a job, as well as improving your long-term prospects and earning potential over your lifetime.

<https://www.weston.ac.uk/what-can-i-study/pre-employment-training/traineeships>

## Training Providers

**Babington: National Apprenticeship Provider**

**Website:** <http://www.babington.co.uk>

**E-mail:** Via link on website

**Phone:** 03333 234 050

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**Bespoke Consultancy and Education: Health & Social Care Apprenticeships**

**Website:** [www.bcelearn.co.uk](http://www.bcelearn.co.uk)

**E-mail:** [info@bcecare.co.uk](mailto:info@bcecare.co.uk)

**Phone:** 01275 876733

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**Best Practice Network: Apprenticeships, Training & Support for Education Professionals**

**Website:** <https://www.bestpracticenet.co.uk/about-best-practice-network>

**E-mail:** [enquiries@bestpracticenet.co.uk](mailto:enquiries@bestpracticenet.co.uk)

**Phone:** 0117 920 9200

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**Circomedia: World-renowned Training Provider specialising in Contemporary Circus & Physical Theatre: St Pauls Church, Portland Square, Bristol & Kingswood Estate**

**Website:** [www.circomedia.com](http://www.circomedia.com)

**E-mail:** [admissions@circomedia.com](mailto:admissions@circomedia.com)

**Phone:** 0117 947 7288

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**CITB: Construction Industry Training Board**

**Website:** [www.citb.co.uk](http://www.citb.co.uk)

**E-mail:** [myapprenticeship@citb.co.uk](mailto:myapprenticeship@citb.co.uk)

**Phone:** 0344 9944010 or 07720 037256

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**Creative Youth Network: Kingswood and Central Bristol 11 to 19****Website:** [www.creativeyouthnetwork.org.uk](http://www.creativeyouthnetwork.org.uk)**E-mail:** [info@creativeyouthnetwork.org.uk](mailto:info@creativeyouthnetwork.org.uk)**Phone:** 0117 9477948

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**dBs Institute: Music Production, Games Design and E-Sports, Central Bristol****Website:** [www.dbsinstitute.ac.uk](http://www.dbsinstitute.ac.uk)**E-mail:** [enquiries@dbsinstitute.ac.uk](mailto:enquiries@dbsinstitute.ac.uk)**Phone:** 0117 325 9290

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**Didac Limited: National Training Provider for Furniture & Wood Apprenticeships, Bristol****Website:** [www.didac.co.uk](http://www.didac.co.uk)**E-mail:** [info@didac.co.uk](mailto:info@didac.co.uk)**Phone:** 0800 773 4230

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**Greenlight Safety and Training: Bedminster and Plymouth****Website:** [www.greenlightsc.co.uk/apprenticeships](http://www.greenlightsc.co.uk/apprenticeships)**E-mail:** [Learning@greenlightsc.co.uk](mailto:Learning@greenlightsc.co.uk)**Phone:** 0117 432 0030

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**HIT Training: National Training Provider for Hospitality & Leisure, Portishead****Website:** [www.hittraining.co.uk](http://www.hittraining.co.uk)**E-mail:** [info@hittraining.co.uk](mailto:info@hittraining.co.uk)**Phone:** 0800 0935892

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**JTL: National Training Provider, Heating, Plumbing & Electrical Apprenticeships****Website:** [www.jtltraining.com](http://www.jtltraining.com)**E-mail:** Contact via website**Phone:** 0800 085 2308

**King's Trust: Employability, Life-Skills, Support for Setting Up Own Business, Bristol**

**Website:** [www.kingstrust.org.uk](http://www.kingstrust.org.uk)

**E-mail:** Outreach.Bristol@kingstrust.org.uk

**Phone:** 0117 929 2300

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**Lifetime Training: National Training Provider**

**Website:** [www.lifetimetraining.co.uk/](http://www.lifetimetraining.co.uk/)

**E-mail:** enquiries@lifetimetraining.co.uk

**Phone:** 0333 014 3669

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**Next Level Training: The Business Development Group of Reflections Training Academy**

**Website:** [www.nextleveltraining.uk.com](http://www.nextleveltraining.uk.com)

**E-mail:** recruitment@nextlevel-training.co.uk

**Phone:** 01179 221 440

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**North Bristol NHS Trust: Health Care Apprenticeships**

**Website:** [www.nbt.nhs.uk/careers](http://www.nbt.nhs.uk/careers)

**E-mail:** ApprenticeshipTeam@nbt.nhs.uk

**Phone:** 0117 950 5050

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**On-Site Bristol: Construction Apprenticeships in Partnership with BCC, Create Centre,**

**Website:** [www.onsitebristol.co.uk](http://www.onsitebristol.co.uk)

**E-mail:** onsitebristol@bristol.gov.uk

**Phone:** 0117 352 1960

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**QA Apprenticeships: IT and Business Apprenticeships at Level 3, Central Bristol**

**Website:** [www.qa.com](http://www.qa.com)

**E-mail:** myqa.support@qa.com

**Phone:** 01132 207150

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**Reflections Training Academy: Hairdressing & Barbering Apprenticeships, Bristol**

**Website:** [www.reflectionstraining.co.uk](http://www.reflectionstraining.co.uk)

**E-mail:** [lotty.hart@reflectionstraining.co.uk](mailto:lotty.hart@reflectionstraining.co.uk)

**Phone:** 0117 922 1440

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**S&B Automotive Academy: Bedminster, Bristol**

**Website:** [www.sandbaa.com](http://www.sandbaa.com)

**E-mail:** [contactus@sandbaa.com](mailto:contactus@sandbaa.com)

**E-mail:** [zsnook@sandbaa.com](mailto:zsnook@sandbaa.com)

**Phone:** 0117 9533001

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**South West Apprenticeship Company: HQ West Quays, Gloucester**

**Website:** [www.theswac.org.uk](http://www.theswac.org.uk)

**E-mail:** [info@theswac.org.uk](mailto:info@theswac.org.uk)

**Phone:** 01452 733962

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**United Hospital Bristol and Weston Trust**

**Website:** [www.uhbw.nhs.uk](http://www.uhbw.nhs.uk)

**E-mail:** [apprenticeships@uhbw.nhs.uk](mailto:apprenticeships@uhbw.nhs.uk)

**Phone:** 0117 342 0143

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**YMCA: Bristol Lower Road, Weston-super-Mare**

**Website:** <https://www.ymca.org.uk/>

**E-mail:** [info@ymca-sc.org](mailto:info@ymca-sc.org)

**Phone:** 01934 629787

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**Youth Education Service (YES): Maths & English Functional Skills, Old Market, Bristol**

**Website:** [www.youtheducationservice.org.uk](http://www.youtheducationservice.org.uk)

**E-mail:** [yesenquiries@1625ip.co.uk](mailto:yesenquiries@1625ip.co.uk)

**Phone:** 0117 3178800

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## Post-16 Support Services in North Somerset

### **Carers Support Alliance:**

**Young Carers Website:** [www.alliancehomes.org.uk](http://www.alliancehomes.org.uk)

**E-mail:** [act@alliancehomes.org.uk](mailto:act@alliancehomes.org.uk)

**Phone:** 03000 120120 (then choose option 3)

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### **ChatHealth: Message for confidential advice and support with a School Nurse**

**Website:** <https://sirona-cic.org.uk/children-services/services/chathealth/>

**Phone:** 07312 263093

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### **Childline: Free, confidential service for young people under 19**

**Website:** [www.childline.org.uk](http://www.childline.org.uk)

**Phone:** 0800 1111 (the number will not show up on your phone bill)

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### **Frank: Drugs Support**

**Website:** <https://www.talktofrank.com/contact-frank>

**E-mail:** Send an email

**Phone:** 0300 123 6600 (open 24/7)

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### **Gambling: Addiction Recovery Agency**

**Website:** [www.recovery4all.co.uk](http://www.recovery4all.co.uk)

**E-mail:** [info@recovery4all.co.uk](mailto:info@recovery4all.co.uk)

**Phone:** 03301 340286 or 0117 9300282 (if Bristol based)

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### **Housing: Under-18s are not allowed to hold a tenancy in their own right**

**Website:** [www.n-somerset.gov.uk/my-services/housing](http://www.n-somerset.gov.uk/my-services/housing)

**E-mail:** [housing.advice@n-somerset.gov.uk](mailto:housing.advice@n-somerset.gov.uk)

**Phone:** 01934 426330 for general advice

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**Junction 21 Mentoring and Advocacy Project: Support Project for Young People**

**Website:** [Junction 21 Mentoring and Advocacy Project](#)

**E-mail:** [junction21@n-somerset.gov.uk](mailto:junction21@n-somerset.gov.uk)

**Phone:** 01275 888360

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**Off the Record: Mental Health Support, free and confidential**

**Website:** [www.otrnorthsomerset.org.uk](http://www.otrnorthsomerset.org.uk)

**Phone:** 07399 468401

**Email:** [northsomerset@otrbristol.org.uk](mailto:northsomerset@otrbristol.org.uk)

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**School Nursing Service: The School Nursing team provide services to all children, young people (5-19+ years) and their families in North Somerset.**

**Website:** <https://sirona-cic.org.uk/children-services/services/school-nursing-service/>

**Phone:** 0300 125 6798

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**Substance Advice Service: AKA SAS**

**Website:** [Substance Advice Service](#)

**E-mail:** [sas@n-somerset.gov.uk](mailto:sas@n-somerset.gov.uk)

**Phone:** 01275 888360

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**Turn2us: Charity offering Advice re Financial Issues, Including Benefits Calculator**

**Website:** <https://www.turn2us.org.uk/>

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**Violence Reduction Partnership: AKA VRP, Start to Finish Project**

**Website:** <https://www.saferstrongerns.co.uk/our-services/violence-reduction-unit>

**Email:** [vrp@n-somerset.gov.uk](mailto:vrp@n-somerset.gov.uk)

**Phone:** 01934 426752

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**Youth Inclusion and Support Project: AKA YISP****Website:** [www.nsesp.org/services](http://www.nsesp.org/services)**E-mail:** [YOSadmin@n-somerset.gov.uk](mailto:YOSadmin@n-somerset.gov.uk)**Phone:** 01275 888360

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**Youth Justice Service: AKA YJS****E-mail:** [YOSadmin@n-somerset.gov.uk](mailto:YOSadmin@n-somerset.gov.uk)**Phone:** 01275 888360

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**YMCA Clevedon: Marson Road, Clevedon****E-mail:** [YMCAadmin@clevedon.ymca.org.uk](mailto:YMCAadmin@clevedon.ymca.org.uk)**Website:** <https://clevedonymca.org.uk>**Phone:** 01275 875261

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**YMCA Weston: Bristol Lower Road, Weston-super-Mare****Website:** <https://www.ymca.org.uk/>**Phone:** 01934 629787

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**Youth Moving Up: AKA Opportunity North Somerset****Website:** [www.moving-up.org](http://www.moving-up.org)**Phone:** 01934 411778

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**Young Victims' Service: AKA YVS****Website:** [www.youngvictims.org.uk](http://www.youngvictims.org.uk)**E-mail:** [youngvictims@n-somerset.gov.uk](mailto:youngvictims@n-somerset.gov.uk)**Phone:** 01275 884488



## Post-18 Provision and Support Services

**Alliance Homes:** If you are concerned about your housing, health, work, or financial situation please make contact to book an assessment. You do not have to be an Alliance Homes Tenant to access this service, and it is free to over 18-year-olds.

**Website:** <https://alliancehomes.org.uk>

**E-mail:** support@alliancehomes.org.uk

**Phone:** 03000 120 120, option 3

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### **Clevedon and Weston Jobcentre Plus**

**Address:** Castlewood, Tickenham Road, Clevedon, North Somerset, BS21 6FW

**Address:** Regent House, High Street, Weston-super-Mare, North Somerset, BS23 1JH

**Website:** [www.dwp.gov.uk](http://www.dwp.gov.uk)

**Phone:** 0800 169 0190

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### **Community Learning Courses: please note this is for 19+ only**

**Phone:** 01934 426196 (Julie Evans)

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### **Frank: Drugs Support**

**Website:** <https://www.talktofrank.com/contact-frank>

**E-mail:** Send an email

**Phone:** 0300 123 6600 (open 24/7)

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### **King's Trust: Employability, Life-Skills, Support for Setting Up Own Business, Bristol**

**Website:** [www.kingstrust.org.uk](http://www.kingstrust.org.uk)

**E-mail:** Outreach.Bristol@kingstrust.org.uk

**Phone:** 0117 929 2300

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### **National Careers Service**

**Website:** <https://nationalcareers.service.gov.uk>

**Phone:** 0800 100 900 or use webchat

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### **Weston College**

**Website:** [www.weston.ac.uk](http://www.weston.ac.uk)

**E-mail:** [enquiries@weston.ac.uk](mailto:enquiries@weston.ac.uk)

**Phone:** 01934 411411

**Admissions:** 01934 411481

**Employment:** 01934 411147 – please note this is for 19+ only

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### **Youth Moving Up: AKA Opportunity North Somerset**

**Website:** [www.moving-up.org](http://www.moving-up.org)

**Phone:** 01934 411778

## Mental Health Services

If you or someone you know requires immediate support, please contact one of the organisations below or NHS Direct on 111. If it is an emergency, call 999.

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**AWP (Avon and Wiltshire Partnership) 24/7 Response Line:** This telephone line is open for people and children in crisis, 24 hours a day, 365 days a year. This service is for anyone who may be worried about their own or someone else's mental health. Dedicated staff will direct them to the team best able to meet their needs.

**Phone:** 0800 953 1919

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**CAMHS:** Based at Drove Road Child Development Centre, Weston & The Barn, Clevedon  
Referrals are made via a GP/School or Social Services

**Website:** [www.awp.nhs.uk](http://www.awp.nhs.uk)

**E-mail:**

[awp.nscams@nhs.net](mailto:awp.nscams@nhs.net)

**E-mail:** [wnt-tr.childservicesthebarn@nhs.net](mailto:wnt-tr.childservicesthebarn@nhs.net)

**Phone:** 0300 1256700 / 01934 881262 / 01934 426622

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**CAMHS Emergency Helpline \*NEW\***

Highly trained clinicians provide urgent advice and guidance to support young people in crisis, who may need to attend hospital. Non-urgent calls will be redirected to the CAMHS Getting Advice Team, who are available Monday to Friday 9am to 4.30pm.

**E-mail:** [awp.camhsgettingadvice@nhs.net](mailto:awp.camhsgettingadvice@nhs.net)

**Emergency Helpline:** 0800 9539599

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**ChatHealth: Message for confidential advice and support with a School Nurse**

**Website:** <https://sirona-cic.org.uk/children-services/services/chathealth/>

**Phone:** 07312 263093

**Cruse Bereavement Care:** A leading national charity for bereaved people, their services are provided by trained volunteers and are confidential and free.

**Website:** [www.cruse.org.uk](http://www.cruse.org.uk)

**Helpline:** 0808 808 1677

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**Frank: Drugs Support**

**Website:** <https://www.talktofrank.com/contact-frank>

**E-mail:** Send an email

**Phone:** 0300 123 6600 (open 24/7)

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**Grief Encounter:** This service is free and available to anyone suffering a bereavement

**Website:** [www.griefencounter.org.uk](http://www.griefencounter.org.uk)

**E-mail:** [grieffalk@griefencounter.org.uk](mailto:grieffalk@griefencounter.org.uk)

**Phone:** 808 802 0111

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**Kooth: Online Mental Wellbeing Service for Children & Young People, Counsellors are available up to 10pm every night, 365 days per year**

**Website:** [www.kooth.com](http://www.kooth.com)

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**NHS Talking Therapy:** This is a free service for 16+ where psychological well-being practitioners and therapists are available to help you find ways of coping better

**Website:** <https://www.vitahealthgroup.co.uk/nhs-services/nhs-mental-health/>

**E-mail:** [refer.bnssg@nhs.net](mailto:refer.bnssg@nhs.net)

**Phone:** 0333 200 1893

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**Off the Record: AKA OTR provides free, confidential support for young people.**

**Website:** [www.otrnorthsomerset.org.uk](http://www.otrnorthsomerset.org.uk)

**Phone:** 07399 468401

**Email:** [northsomerset@otrbristol.org.uk](mailto:northsomerset@otrbristol.org.uk)

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**Papyrus: UK Charity for the prevention of young suicide (under 35). It provides confidential support and advice to young people and anyone supporting them.**

**Website:** <https://papyrus-uk.org>

**E-mail:** [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

**Phone:** 0800 068 4141

**Text:** 88247

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**Samaritans: For anyone experiencing feelings of distress, including those that could lead to suicide**

**Website:** [www.samaritans.org](http://www.samaritans.org)

**E-mail:** [jo@samaritans.org](mailto:jo@samaritans.org)

**Write an e-mail, sometimes writing down thoughts and feelings can help you understand them better.**

**Phone:** 116 123 open 24 hours per day, 365 days per year

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**School Nursing Service: The School Nursing team provide services to all children, young people (5-19+ years) and their families in North Somerset. They work closely with partner agencies and schools to provide education and support to children, young people, and their carers to protect them from harm and support them in making healthy lifestyle choices.**

**Website:** <https://sirona-cic.org.uk/children-services/services/school-nursing-service/>

**Phone:** 0300 125 6798

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**Self-Injury Support: Support for women and girls. Free downloads.**

**Website:** [www.selfinjurysupport.org.uk](http://www.selfinjurysupport.org.uk)

**Phone:** 0808 800 8088

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**Staying Safe: from suicidal thoughts - download a Safety Plan, with filmed support to complete one:**

**Website:** [https://stayingSAFE.net/how\\_to\\_make\\_a\\_safety\\_plan](https://stayingSAFE.net/how_to_make_a_safety_plan)

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**Survivors of Bereaved by Suicide:** National telephone helpline, online community forum and email support. They offer a unique and distinct service for bereaved adults across the UK, run by the bereaved for the bereaved. Their helpline and groups are open to all survivors of bereavement by suicide aged 18 years and over.

**Website:** <https://uksobs.org>

**E-mail:** [email.support@uksobs.org](mailto:email.support@uksobs.org)

**Helpline:** 0300 1115065

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**The Safe Haven Crisis Centre:** Provides a safe space for people in acute emotional distress, based in Weston. The centre is open seven days a week, between 6pm and midnight. People aged 16 and over can self-refer or be referred by a relevant professional organisation

**E-mail:** [refer.safehaven@nhs.net](mailto:refer.safehaven@nhs.net)

**Phone:** 01934 313 480

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**Wanted Not Wasted Re-Frame:** Free counselling and support service for children and young adults 5-18 who live in the Weston area

**Website:** [www.wantednotwasted.wixsite.com](http://www.wantednotwasted.wixsite.com)

**E-mail:** [wantednotwasted@gmail.com](mailto:wantednotwasted@gmail.com)

**Phone:** 07588 512621 (Helen Roy)

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**Wellspring Counselling:** Donation-based counselling service for ages 11 to 18

**Website:** [www.wellspringcounselling.org.uk](http://www.wellspringcounselling.org.uk)

**E-mail:** [reception@wellspringcounselling.org.uk](mailto:reception@wellspringcounselling.org.uk)

**Tel:** 01275 810879

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**Winston's Wish:** Emotional and practical bereavement support to children and young people up to the age of 25, their families and those who care for them

**Website:** [www.winstonswish.org](http://www.winstonswish.org)

**E-mail:** [ask@winstonswish.org](mailto:ask@winstonswish.org)

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**Phone:** 08088 020021

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**Young Minds Parent Helpline:** **Advice, emotional support and signposting for children and young people up to the age of 25.**

**Website:** <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

**Phone:** 0808 802 5544

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**For further information about relevant support services, you may wish to look at the:**  
**North Somerset Mental Health & Wellbeing Directory of Services for Children & Young People**

## Really Useful Links

### Advocacy Services in North Somerset

If you feel that you or someone you know needs an adult to act as an advocate, there are several services that can help. An advocate can speak for, support or represent a person or group of people who may need extra help or protection.

**The Advocacy People:** <https://www.theadvocacypeople.org.uk/how-we-work>

**National Youth Advocacy Service:** <https://www.nyas.net/>

**Coram Voice:** <https://coramvoice.org.uk/advocacyservice/north-somerset/>

**North Somerset People First:** <https://nspf.co.uk/what-we-do/>

**Mind:** [https://bristolmind.org.uk/support\\_type/advocacy-legal/](https://bristolmind.org.uk/support_type/advocacy-legal/)

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### Bristol Post-16 Provision

**Bristol Post-16 Directory**

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### Careers Research

**Careers Box:** [www.careersbox.co.uk](http://www.careersbox.co.uk)

**Career Pilot:** [www.careerpilot.org.uk](http://www.careerpilot.org.uk)

**Careers Questionnaire:** <https://icould.com/buzz-quiz>

**Careers Advice:** [www.icould.com](http://www.icould.com)

**National Careers Service:** <https://nationalcareers.service.gov.uk>

**Start:** <https://careers.startprofile.com>

**The Careers & Enterprise Company:** [www.careersandenterprise.co.uk](http://www.careersandenterprise.co.uk)

**West of England LEP:** [www.westofenglandlep.co.uk](http://www.westofenglandlep.co.uk)

**Western Training Provider Network:** [www.wtpn.org.uk](http://www.wtpn.org.uk)

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### Funding

**Student Finance England:** [www.gov.uk/student-finance](http://www.gov.uk/student-finance)



**Turn2uS Grant Search:** [www.turn2us.org.uk](http://www.turn2us.org.uk)

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### Gap Year

**Gap Year Advice:** [www.independentgapadvice.org](http://www.independentgapadvice.org)

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### Higher Education

**UCAS:** [www.ucas.com](http://www.ucas.com)

**Not Going to Uni:** [www.notgoingtouni.co.uk](http://www.notgoingtouni.co.uk)

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**Hinkley Point C, Bridgwater, Somerset; to find out more about apprenticeships go to:**

**EDF Energy Apprenticeships:** [www.edfenergy.com/careers/early-careers](http://www.edfenergy.com/careers/early-careers)

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### Training

**Apprenticeships:** [www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

**Traineeships:** [www.gov.uk/find-traineeship](http://www.gov.uk/find-traineeship)

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### Volunteering

**Somerset Wood Recycling:** [www.somersetwoodrecycling.co.uk](http://www.somersetwoodrecycling.co.uk)

**Voluntary Action North Somerset:** [www.vansweb.org.uk](http://www.vansweb.org.uk)

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This is not an exhaustive list of all the provision in the area. As this may change from time to time, we would advise that you contact providers directly for the most up-to-date information about courses and what they can offer. The aim of this document is to provide young people aged 16-18 with information about services they can access. This Directory has been produced by the Post-16 Team, Inclusion Service which is part of Education Partnerships at North Somerset Council.