

NSPCWT – Capacity Building and Staff Training



North Somerset Parents and Carers Working Together developed and strengthened their current team member's skills by training them to deliver workshops to their parent/carer community in-house. Staff were trained to develop and deliver workshops covering topics such as supporting children with transitions; identifying ways teachers can support a child in class; and exploring benefits, grants and resources.

Two members of staff were also given comprehensive 'train the trainer' support so they could deliver ADHD training to parents and carers in North Somerset.

UKSPF Achievements

15 training sessions held

129 people engaged by the project

Wider impact

The training provided to staff will allow them to benefit the parent/carer community well into the future, delivering robust training in-house. Reduced reliance on external trainers will also reduce costs for the organisation.

Some of the positive feedback from held training sessions has included:

"I really appreciated your inclusiveness in making sure we all got heard. What you were explaining was so incredibly validating that I was feeling euphoric, and relieved. It was so exciting for me to find out that key things like anxiety, hypervigilance and dysregulation are being explained to parents and schools. I look forward to learning more with NSPCWT."

"It was really informative. Lots of great links and advice. So much information that really helps to support us. Essential help if you have a disabled young person and you don't feel so alone."