



-Q- Spotlight report: travel and transport -Q-



The LGA report on healthy people, healthy places stated that 'creating an environment where people actively choose to walk and cycle as part of everyday life can have a significant impact on public health and may reduce inequalities in health. It is an essential component of a strategic approach to increasing physical activity and may be more cost-effective than other initiatives that promote exercise, sport and active leisure pursuits.'

As of Census 2021, 75% of households had access to a car or a van in North Somerset, higher than the national average.

Travel to work statistics from 2021 showed that almost 51% of people in employment travelled to work using a car or van. However, during the Covid-19 pandemic, domestic transport across various modes decreased significantly. As of March 2022, not all modes were back to pre-pandemic levels.

Travel data

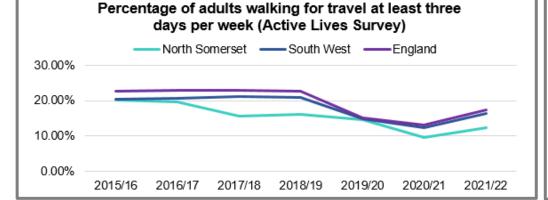
Department for Transport walking and cycling statistics as of 2022 show that 84.3% of adults in North Somerset do 'any walking or cycling, for any purpose' at least once per month, 74.7% once per week, 46.1% three times a week and 33.0% five times per week. This compares to 77.8%, 70.6%, 45.8% and 34.2% nationally.

Nationally, 45% of children aged 5-16 usually walk or cycle to school (based on a three-year average 2020-2022). Data is not available at North Somerset level.

Walking for travel

As of 2022 based on the Active Lives Survey, 12.5% of adults in North Somerset walk for travel at least three days a week. This compares to 17.4% nationally.

These percentages have decreased over the past few years, down from 20.1% locally in 2015/16 and 22.7% nationally.



Cycling for travel

As of 2019 based on the Active Lives Survey, 0.7% of adults in North Somerset cycle for travel at least three days a week. This compares to 2.3% nationally.

These percentages have decreased over the past few years, down from 3.6% locally in 2015/16 and 3.3% nationally.

Percentage of adults cycling for travel at least three days per week (Active Lives Survey)

