

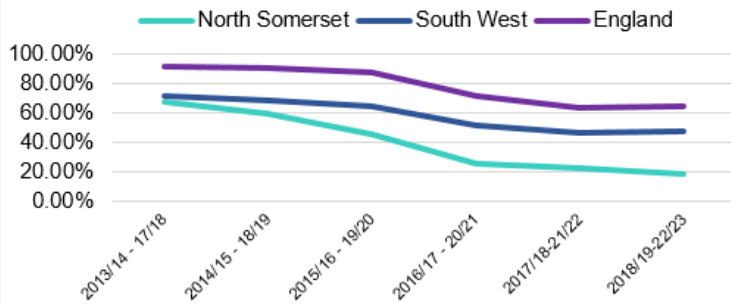
Spotlight report: health improvement

NHS health checks

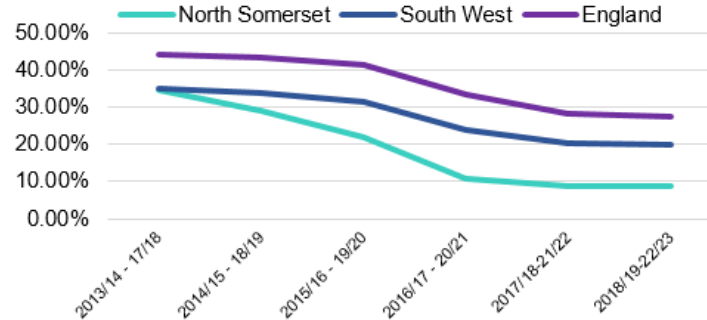
The NHS Health Check is a health check-up for adults in England aged 40 to 74. It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions.

The percentage of the eligible population offered and received an NHS health check in North Somerset is significantly below the regional and national averages and shows a downward trend.

Cumulative percentage of the eligible population aged 40-74 offered an NHS Health Check



Cumulative percentage of the eligible population aged 40-74 who received an NHS Health check

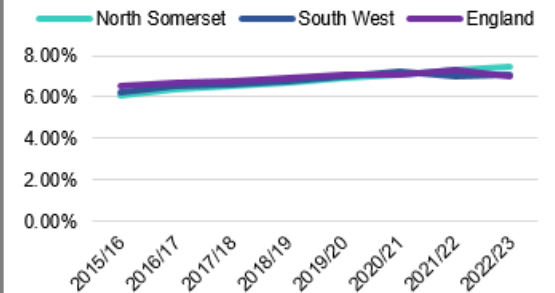


Diabetes prevalence

The prevalence of diabetes in the population is increasing year on year locally, regionally and nationally.

To note 2020/21 data should be treated with caution due to changes to data collection during the pandemic.

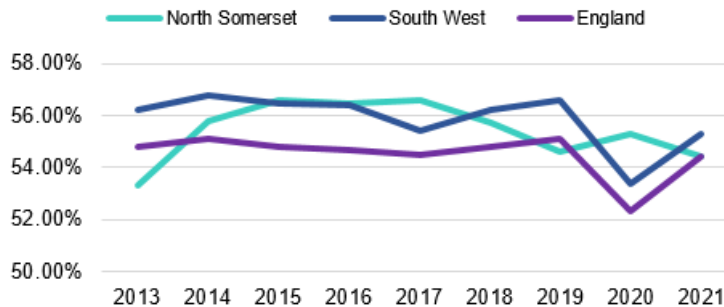
Diabetes: QOF prevalence (17+)



Percentage of cancers discovered at stages 1 and 2

The percentage of cancers discovered at stages 1 and 2 has fluctuated over recent years locally, regionally and nationally but has not dropped below 50% or exceeded 60%.

Percentage of cancers diagnosed at stages 1 and 2



Cancer screening

Cancer screening coverage is generally higher in North Somerset than national averages:

- Breast cancer: 71.2% as of 2023 compared to 66.2% nationally.
- Cervical cancer (ages 25 to 49 years): 74.1% as of 2023 compared to 65.8% nationally.
- Cervical cancer (ages 50 to 64 years): 77% as of 2023 compared to 74.4% nationally.
- Bowel cancer: 76% as of 2023 compared to 72% nationally.

Musculoskeletal problems

The percentage of people reporting a long-term musculoskeletal problem via their GP is slightly higher in North Somerset than regional or national averages but remains at around 20%.

Percentage reporting a long term Musculoskeletal (MSK) problem

