

Independent Mental Capacity Advocacy in North Somerset – Easy Read



The mental Capacity Act is a law that makes sure that people have the support they need to make as many decisions as possible.



People have the right to support from an Independent Mental Capacity Advocate. We sometimes call these IMCA's.



IMCAs are independent. This means that they are only interested in what is best for the you.



IMCA's will help you if you don't have anyone else to support you.



IMCA's are there for you. They will listen to everything you want to tell them.



An IMCA will speak up for you if you cannot make certain decisions. This includes where you live and whether to have certain medical treatment.



An IMCA will talk to certain people about your experiences, views, needs, wishes, feelings, and what you want.



An IMCA can help support you to understand what decisions have been made and why.



North Somerset Council and the NHS must ask an IMCA to support you.



Health and social care professionals send a referral to a company that provide IMCA services. This is currently The Advocacy People.



To watch a video about what Independent Care Act Advocacy means please go to [Advocacy For People Who Lack Capacity \(theadvocacypeople.org.uk\)](http://theadvocacypeople.org.uk)



More easy read information about advocacy can be found here:

<https://www.theadvocacypeople.org.uk/easy-read>

The advocacy people's details

PO Box 375, Hastings,
East Sussex, TN34 9HU

info@theadvocacypeople.org.uk

0330 440 9000

Text 80800, starting message
with PEOPLE



We aim to keep all information provided to you up to date. We will amend the contact details of the people who do advocacy if it changes.

Created by: Gavin Hutchison

Date: 05/03/2024

Review Date: 05/03/2026