

Carers Assessment Factsheet



A carer is someone who assists another person who can't cope on their own, whether it's because of health issues, disability, mental health challenges, dementia, or substance abuse. Carers provide this help without receiving any payment.



A carer's assessment is a chance for carers to talk about their own needs. This is separate from the needs of the person they care for. It is a legal right under the Care Act (2014). Carers can discuss anything that would help them.



The assessment can happen even if the person you care for does not want their own assessment. It helps decide what support can be offered to the carer.



If you are an adult carer, you can ask for a carer's assessment. It does not matter how much or what kind of care you provide. You can request this by filling in a form or calling Care Connect on 01275 888 801



Young carers are children or young people under 18 who care for someone. For help, contact [Alliance Homes](#) or [Carers UK](#). They have useful information for young carers.



Parents who care for a disabled child under 18 are called parent carers. Their needs are looked at as part of the child's assessment. Contact the [Children with Disabilities Team](#) for more information.



North Somerset Parent Carers Working Together (NSPCWT) is a local group for parents and carers of children with additional support needs. They offer support, training, and events. You can contact them for help. They work with SEND and You, who also provide support.



When preparing for your carer's assessment, think about your daily tasks, your health, sleep, personal time, and other relationships. Consider what support you might need, like breaks, emotional support, or home adaptations.



During the assessment, a worker from Adult Social Services will talk to you. Be honest about your needs. If you meet the criteria, you will get support, and a plan will be made together.



If there is a cost to meeting your needs, you might get a Carers' Direct Payment. This is money from the council to help with your needs. If you are not eligible for support, you will still get advice and information.



We want to hear from you. You can tell us what we do well or what we can do better by clicking [HERE](#). If you have worries about Adult Social Services, talk to the person you usually speak to.



If you need to make a complaint, you can write to the Complaints Manager at Adult Social Services and Housing, Town Hall, Weston-super-Mare, BS23 1UJ. You can also call 01275 882171 or email complaints.manager@n-somerset.gov.uk.



Author: Gavin Hutchison, Strategy and Policy Officer

Created:01/07/2024

Review date:01/07/2026