

Reusable nappies

Have you thought about switching to reusable nappies?

There are so many benefits of cloth nappies, not just for the environment but for your baby and your pocket too.

A baby will use on average 5000 disposable nappies before they are potty trained. It adds up to around three billion disposable nappies thrown away in the UK every year.

North Somerset Nappy Library is a not for profit organisation run by a small group of volunteers. We provide a loan service and advice for parents and carers in North Somerset who would like to try reusable, cloth nappies.

We can also offer support to those already using reusable nappies including washing advice and getting the right fit.

You could save an average of £500 per child by switching to reusable nappies.

Switching to just one reusable per day, over the time your child is in nappies, would save around 1,000 disposable nappies.

Contact us for information and loan enquiries
northsomersetnappies@gmail.com

 [NSnappies](#)



Why choose to reuse?

Benefits to child and carers

- Comfort – natural fabrics on baby's skin without any chemicals
- Modern patterns and fabrics make use, washing and drying simple
- Early to potty train
- Cushioning as they learn to walk
- Look very cute
- Never run out of nappies again

Benefits to the environment

- Reduce your families carbon footprint by up to 40%
- Reusing for just one day saves the same amount of plastic as seven carrier bags
- Reusable nappies produce 25% less CO₂ than disposables (Defra Life Cycle Assessment 2023)

Cost benefits

- Save money – up to £500 on the cost of disposables
- Pre-loved nappies can be brought cheaply
- Nappies can be sold on or used for subsequent children

Reusable wipes are an easy switch and North Somerset Residents can get 15% discount on Cheeky Wipes – simply use the code **nthsom15** at checkout <https://www.cheekywipes.com/>

The logo for Cheeky Wipes, featuring the word "Cheeky" in a blue, cursive, handwritten-style font with a registered trademark symbol.