

## 💡 Spotlight report: travel and transport 💡

The LGA report on [healthy people, healthy places](#) stated that ‘creating an environment where people actively choose to walk and cycle as part of everyday life can have a significant impact on public health and may reduce inequalities in health. It is an essential component of a strategic approach to increasing physical activity and may be more cost-effective than other initiatives that promote exercise, sport and active leisure pursuits.’

As of Census 2011, over 80% of households had access to a car or a van in North Somerset, higher than the national average. Travel to work statistics from 2011 showed that almost 70% of people in employment travelled to work using a car or van. However, during the Covid-19 pandemic, domestic transport across various modes [decreased significantly](#). As of March 2022, not all modes were back to pre-pandemic levels.

**Travel data**  
 Department for Transport walking and cycling statistics as of 2020 show that 80.2% of adults in North Somerset do ‘any walking or cycling, for any purpose’ at least once per month, 74.6% once per week, 50.3% three times a week and 39.1% five times per week. This compares to 76.4%, 69.3%, 46.0% and 34.5% nationally.  
 Nationally, 50% of children aged 5-16 usually walk or cycle to school (based on a three-year average). Data is not available at North Somerset level.

