



Spotlight report: travel and transport



The LGA report on healthy people, healthy places stated that 'creating an environment where people actively choose to walk and cycle as part of everyday life can have a significant impact on public health and may reduce inequalities in health. It is an essential component of a strategic approach to increasing physical activity and may be more cost-effective than other initiatives that promote exercise, sport and active leisure pursuits.'

As of Census 2011, over 80% of households had access to a car or a van in North Somerset, higher than the national average.

Travel to work statistics from 2011 showed that almost 70% of people in employment travelled to work using a car or van. However, during the Covid-19 pandemic, domestic transport across various modes decreased significantly. As of March 2022, not all modes were back to pre-pandemic levels.

Travel data

Department for Transport walking and cycling statistics as of 2020 show that 80.2% of adults in North Somerset do 'any walking or cycling, for any purpose' at least once per month, 74.6% once per week, 50.3% three times a week and 39.1% five times per week. This compares to 76.4%, 69.3%, 46.0% and 34.5% nationally.

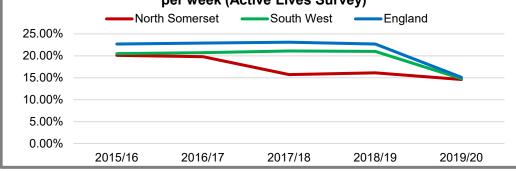
Nationally, 50% of children aged 5-16 usually walk or cycle to school (based on a three-year average). Data is not available at North Somerset level.

Walking for travel

As of 2019/20 based on the Active Lives Survey, 14.6% of adults in North Somerset walk for travel at least three days a week. This compares to 15.1% nationally.

These percentages have decreased over the past few years, down from 20.1% locally in 2015/16 and 22.7% nationally.





Cycling for travel

As of 2019/20 based on the Active Lives Survey, 0.7% of adults in North Somerset cycle for travel at least three days a week. This compares to 2.3% nationally.

These percentages have decreased over the past few years, down from 3.6% locally in 2015/16 and 3.3% nationally.

Percentage of adults cycling for travel at least three days per week (Active Lives Survey)

