

Spotlight report: falls and fractures

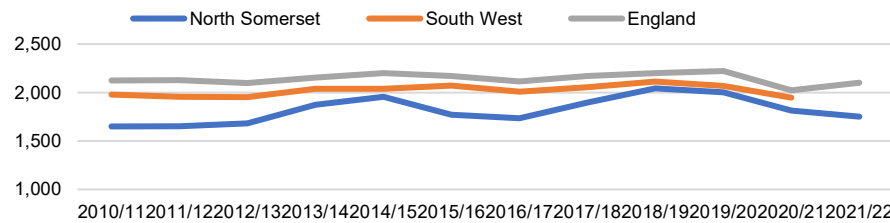
Osteoporosis prevalence

The prevalence of osteoporosis in North Somerset for the population aged over 50 years was 1.5% as of 2021/22. This compares to 1.0% regionally and 0.8% nationally. The prevalence has increased in recent years from 0.4% in 2012/13. In real terms, this is an increase from around 347 people to 1,485 people.

Emergency hospital admissions due to falls

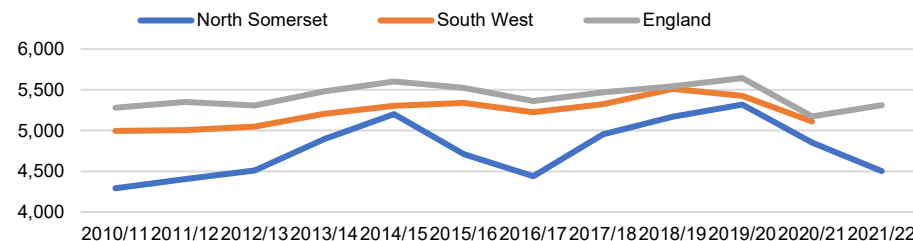
Emergency hospital admissions due to [falls in people aged 65 years](#) and over have gotten worse in recent years. As of 2019/20, the rate was 2,003 per 100,000 up from a rate of 1,650 per 100,000 in 2010/11. However, 2021/22 has seen a slight decrease with the rate falling to 1,814 per 100,000.

Emergency hospital admissions due to falls in people aged 65 and over



Emergency hospital admissions due to [falls in people aged 80 years](#) and over have gotten worse in recent years. As of 2019/20, the rate was 5,319 per 100,000 up from a rate of 4,292 per 100,000 in 2010/11. However, 2021/22 has seen a slight decrease with the rate falling to 4,504 per 100,000.

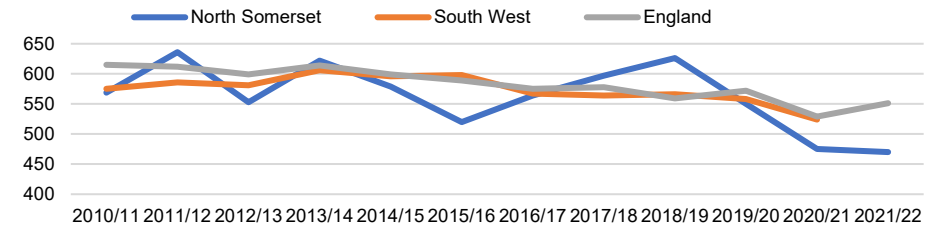
Emergency hospital admissions due to falls in people aged 80 and over



Hip fractures

The rate per 100,000 of [hip fractures for those aged over 65 years](#) in North Somerset has remained fairly steady over recent years. In 2010/11 the rate was 569 per 100,000, as of 2021/22 it was 475 per 100,000. The rate is similar to regional and national averages.

Hip fractures in people aged 65 and over



The rate per 100,000 of [hip fractures for those aged over 80 years](#) in North Somerset has fluctuated over recent years. In 2010/11 the rate was 1,599 per 100,000, as of 2021/22 it was 1,328 per 100,000. The rate is similar to regional and national averages.

Hip fractures in people aged 80 and over rate per 100,000

