

Active Travel offers available in North Somerset

Access West 2017 - 2020

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Borrow a Bike

- = Free 2-week loan bike
 - Commuter, electric, hybrid bike
 - All accessories, no helmet
- Pick up from and return to: Bicycle Chain, BS22 8NA, W-s-M
- £50 deposit, ID required
- Self-referral

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MetroBus

Bus

- betterbybike.info/loanbikes
- sustainable.travel@nsomerset.gov.uk

P+R

Park & Ride

Rail

Walk

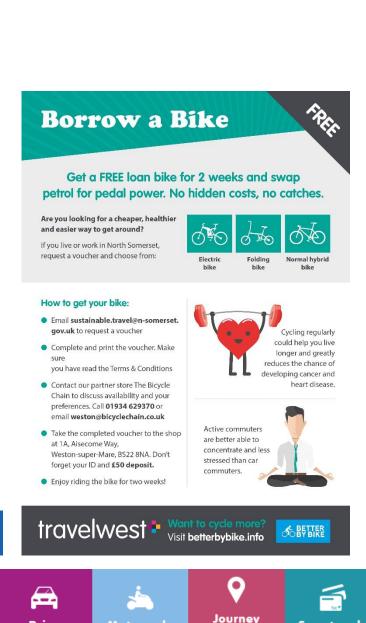
Cycle

Drive

Motorcycle

Smartcards

Planner





Adult Cycle Training

- Free adult cycle training
 - 1:1, tailored session
 - With a partner or friend
 - In a group
- Up to 2 sessions (1 hour each)
- Self-referral
- betterbybike.info/adultcycletraining

Rail

 Dave Mazur: 07771817695 maz@pennyfarthing.tv



Journey

Planner

Smartcards



MetroBus

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Park & Ride

P + R

Walk

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Drive

Motorcycle



Roadshows

- Engagement events in businesses, community events and in schools
- Travel advisors will provide free of charge:
 - Personalised route planning and support to identify alternatives
 - Travel information & materials
 - Free cycling offers
 - Freebies and taster tickets
- Dr. Bikes, Smoothie Bike
- travelwest.info/businesses/travel
 -roadshows

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Rail







MetroBus

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P+R

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Journey Planner

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Active Travel Champion Scheme

- Support, incentives and resources to 'Champions' to promote cycling and walking at their workplace
 - Cycle Champion
 - Walking/running Champion
- Welcome pack and emergency cycle repair kit
- Promotional materials and free incentives
- Bicycle Maintenance sessions
- Dr. Bike sessions
- Christin.Hoffmann@n-somerset.gov.uk



Community Learning Course

- 2-part course (3 hours each)
- Benefits of cycling, safety, route planning & bike maintenance
- Collaborative project: Community Learning (NSC), Fix2Ride, Wheels to Work (Travelwest)
- Eligibility: 19+, less than Level 2 qualified or in receipt of benefits
- Increase employability skills
- Victoria.Barvenova@nsomerset.gov.uk (01934 426196)

Understanding Cycling and Bike Maintenance

Learn about:

Useful tips about riding a bike and free cycling offers Fixing and maintaining a bike How to keep yourself and your bike safe Planning your route and benefits of cycling





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Lifecycle UK delivers

Bikeability Level 3 training

- Year 7, 8 (or 9) students in secondary schools
- On-road training, how to negotiate difficult junctions
- Low student instructor ratios (max. 1:3)
- During school time
- betterbybike.info/bikeability
- lifecycleuk.org.uk/northsom
 erset

Led Rides

- Instructors lead organised
 group rides (1-4 hours)
- ≠ Not a teaching session
- Beginner & intermediate
- For community groups & businesses (incl. mixed abilities & children)
- Increase confidence and familiarity with local area
- sustainable.travel@nsomerset.gov.uk



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Walk

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Rail

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